

# THE OURENSE UNIVERSITY HOSPITAL HOSTED A TWINNING DAY BETWEEN GALICIA AND THE PORTUGUESE REGION OF PORTO TO GET TO KNOW THE LABSAÚDE HEALTH LIVING LAB NETWORK

- *In June, staff from the Hospital de Ourense and ACIS continued the exchange of knowledge in the Porto region with a visit to its facilities of the Centro de Investigação, Diagnóstico, Formação e Acompanhamento das Demências (CIDIFAD) of the Santa Casa de la Misericórdia de Arriba d'Ave (SCMRA).*

**Ourense, 18 November 2022.**- Last May, Galicia achieved, together with the region of Porto (Portugal), one of the Twinning initiatives funded by the European Commission within the framework of the strategic initiative European Innovation Partnership on Active and Healthy Ageing (EIP on AHA). The aim of the fraternity programs is to carry out knowledge exchange activities between regions in the field of active ageing.

The collaboration between Galicia and Porto focused on the exchange of knowledge on health living labs, which constitute a facilitating mechanism for the creation and implementation of innovative projects. In this environment, multiple agents interact, including users, who participated in the innovation process, favoring the development of goods and services that are more in line with their needs.

On May 6th, an event was held at the University Hospital Complex of Ourense (CHUO), in which the Porto team was able to check the operation of the health living lab of the University Hospital of Ourense. The day was attended by the Management of the Health Area of Ourense of the Galician Health Service, staff of the University Hospital of Ourense and the living lab and representatives of the Galician Agency for Knowledge in Health (ACIS).

On the part of the Porto region, different professionals from the Directorate of the Center for Research, Diagnosis, Training and Support of Dementias (CIDIFAD) of the Santa Casa da Misericórdia in Riba d'Ave and the University of Porto took part.

Thanks to this Twinning initiative, the working group formed by Galicia and Porto has developed joint actions, such as this day, as well as meetings and knowledge transfer around living health labs.

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